

Surviving the Tough Times

Listed are resources compiled by United Way 2-1-1 to help residents of Stearns, Benton, and Sherburne counties to help during tough economic times.

Unemployment help:

Have you, your spouse, friend or family member recently lost a job? Have your work hours been cut? Situations like this can be difficult and stressful for an individual or family. Many people do not know where to start.

File for Unemployment: Apply online at www.uimn.org or call 1-877-898-9090.

Minnesota WorkForce Centers: Provides free tools, resources and services needed for job search, career planning, and training needs.
Hours 8:00 a.m.-4:00 p.m., Monday through Friday
1542 Northway Drive, Door 2, St. Cloud
Call (320) 308-5320 for more information



Financial Tips:

- Switch to basic cable
- Utilize your local food shelf
- Ask employer about Cobra Benefits
- Prepare a complete household budget
- Stop using credit cards, instead pay with cash
- Ask for free or reduced lunches at child's school
- Ask credit card companies to reduce interest rates
- Downgrade cell phone plan or switch to prepaid phone
- Volunteer to gain new skills and to connect with community resources
- DO NOT ignore your lenders or creditors, communicate with them
- Contact your utility company about hardship payments, visit www.staywarm.mn.gov
- Apply for Minnesota Health Care Program, visit www.dhs.state.mn.us or call 1-800-657-3672

Central Minnesota Community Resource Listing Services Addressing Basic Needs for Stearns, Benton, Sherburne, and Wright Counties.

DEVELOPED BY: UNITED WAY 2-1-1

Basic needs includes food, housing, material goods, transportation, temporary financial assistance, and more. Services may be based on income or sliding fee scale.

Dental Care

St. Cloud Technical College Dental Clinic
1540 Northway Drive, St. Cloud
320-308-5919

Smile Center

Highway 10
195 Jefferson Blvd, Big Lake
763-263-2222 or 1-866-748-6684

Disabilities Information & Referral

Independent Lifestyles
519 2nd St. North, St. Cloud
320-529-9000 or 1-888-529-0743

Disability Linkage Line
1-866-333-2466

Emergency Shelter

Anna Marie's Alliance Battered Women's Shelter
320-253-6900 or 1-800-950-2203

Church of the Week/Place of Hope

Ministries
511 North 9th Ave, St. Cloud
Check-in time between 5 pm – 6 pm
320- 203-7881

Housing Coalition/Landon Place Family Community Shelter

301 8th Avenue South, St. Cloud
320-229-7684

Salvation Army Emergency Shelter

400 Highway 10 South, St. Cloud
320-252-2229

Employment

Labor Ready

1708 W. St. Germain Street, St. Cloud
320-255-9900

Minnesota Workforce Center

1542 Northway Drive Door 2, St. Cloud
320-308-5320

Financial Assistance

Benton County Human Services
531 Dewey Street, Foley
320-968-5087 or 1-800-530-6254

Catholic Charities Emergency Services
157 Roosevelt Road Suite 100, St. Cloud
320-229-4560 or 1-800-830-8254

Salvation Army

400 Hwy 10 S, St. Cloud
320-252-4552

Sherburne County Social Services

13880 Highway 10, Elk River
763-241-2600 or 1-800-433-5239

Stearns County Human Services

705 Courthouse Square, St. Cloud
320-656-6000

Tri-CAP

700 West St. Germain Street, St. Cloud
320-251-1612 or 1-888-765-5597

**For more community resources call United Way 2-1-1 by dialing 2-1-1 or
from a cell phone 1-800-543-7709**

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Financial Counseling

Caritas Family Services
157 Roosevelt Road, St. Cloud
320-650-1660 or 1-800-830-8254 ext. 1660

The Village Family Service Center
3950 3rd Street North Suite 102, St. Cloud
320-258-4633

Tri-CAP
700 West Saint Germain Street, St. Cloud
320-251-1612 or 1-888-765-5597

Food

Albany Food Shelf
741 Lake Avenue, Albany
320-845-2343

Avon Food Shelf
Religious Education Center, Avon
320-356-7224

Brooten Belgrade Elrosa Food Shelf
412 Eastern Avenue, Brooten
320-346-2804

Catholic Charities
157 Roosevelt Road, St. Cloud
320-229-4560

Cold Spring Area Food Shelf
401 Main Street, Cold Spring
320-685-8785

CROSS Center Food Shelf
150 4th Avenue, Foley
320-968-7012

Fare For All
Fresh fruits, produce, & frozen
Meat at reduced rate
1-800-582-4291

Good News Assembly of God Church
712 17th Avenue South, St. Cloud
320-255-0620

Holdingsford Area Food Shelf
City Center, Holdingsford
320-746-2637

Kimball Food Shelf (St. Ann's Church)
441 Hazel Avenue East, Kimball
320-398-2211

Melrose Area Food Shelf
211 South 5th Avenue East, Melrose
320-256-2555

Paynesville Community Service Center
1105 W Main Street, Paynesville
320-243-4575

Rice Food Shelf
Old Village Hall, Main Street, Rice
320-393-2915

Salvation Army
400 Hwy 10 S, St. Cloud
320-252-4552

Sauk Centre Food Shelf
523 Sinclair Lewis Avenue, Sauk Centre
320-351-2287

St. Joseph Community Food Shelf
12 West Minnesota Street, St. Joseph
320-363-7505

Free Community Meals

Mon – Fri 11:30 am – 12:45 pm
Salvation Army
400 Hwy 10 S, St. Cloud

Mon – Sat 5 pm – 5:45 pm
Place of Hope
511 9th Ave, St. Cloud

Saturday & Sunday
Various churches in St. Cloud
Call 2-1-1 or 1-800-543-7709 for locations
and time

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Health Services

Benton County Public Health
531 Dewey Street, Foley
320-968-5160

Pregnancy Resource Center
3400 1st Street N, St. Cloud
320-253-1962

Health Partners Health Stations
Cash Wise, 113 South Waite Avenue,
Waite Park
Coborn's, 110 First Street South,
Sauk Rapids

Mid Minnesota Family Medicine Center
1520 Whitney Court Suite 200, St. Cloud
320-240-3157

Planned Parenthood
451 E St Germain Suite 100, St. Cloud
320-252-9504

Sherburne County Public Health
13880 Highway 10, Elk River
763-241-2750 or 1-800-433-5237

Stearns County Public Health
705 Courthouse Square, St. Cloud
320-656-6155

Housing

Central Minnesota Housing Partnership
810 West Saint Germain, St. Cloud
320-259-0393

Catholic Charities
157 Roosevelt Road, St. Cloud
320-229-4576 or 1-800-830-8254

Domus Transitional Housing
West Campus
157 Roosevelt Road, Suite 200
320-259-9270

Hope on Ninth
525 9th Ave, St. Cloud
320-202-3100

Housing Coalition
777 Lincoln Avenue NE, St. Cloud
320-259-7676

*Housing and Redevelopment Authority
(HRA) - St. Cloud*
1225 West St. Germain Street, St. Cloud
320-252-0880

HRA – Stearns County
401 Westwind Court, Cold Spring
320-685-7771

Supported Housing for Youth (S.H.Y.)
374 4th Ave S, St. Cloud
320-240-8204

Tri-CAP
700 West Saint Germain Street, St. Cloud
320-251-1612 or 1-888-765-5597

Legal Services

Central Minnesota Legal Services
830 West St Germain Suite 309, St. Cloud
320-253-0138 or 1-800-622-7773

St. Cloud Area Legal Services
830 W. St. Germain Suite 300, St. Cloud
320-253-0121 or 1-888-360-2889

Mental Health

Caritas Mental Health Clinic
157 Roosevelt Road, St. Cloud
320-650-1660 or 1-800-830-8254 ext. 1660

Central Minnesota Mental Health Center
1321 13th Street North, St. Cloud
320-252-5010

Four County Crisis Response Team
320-253-5555 or 1-800-635-8008

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Hope Community Support Program & Drop-in Center
157 Roosevelt Road #300, St. Cloud
320-240-3324

Lutheran Social Services Children & Family Services
22 Wilson Avenue NE, St. Cloud
320-251-7700

Mental Health Consumer/Survivor Network of Minnesota
3400 1st Street North #201, St. Cloud
320-654-9641

Health Partners (Behavioral Health Clinic)
1245 15th Street N, St. Cloud
320-253-6952 or 1-800-370-0570

St. Cloud Hospital & CentraCare Health System
1900 CentraCare Circle
Suite 2475
320-229-4977 or 1-800-835-6652

STARS for Children's Mental Health
407 Washington Street, Monticello
763-271-5322 or 1-877-333-0083

Parenting

Birthline
1411 W St. Germain Suite 5, St. Cloud
320-252-4150

Child Care Choices
2901 Clearwater Road, St. Cloud
320-251-5081

New Beginnings
40 N 25th Avenue, St. Cloud
320-255-1252

Resource Training and Solutions
4150 2nd Street South Suite 550, St. Cloud
320-255-3236

St. Cloud Area Crisis Nursery
1205 6th Avenue S, St. Cloud
320-654-1090

Senior Information & Referral

Central MN Council on Aging
1301 W St Germain St. Suite 101, St. Cloud
320-253-9349
Senior Linkage Line: 1-800-333-2433

Transportation

Faith in Action
1115 North 4th Avenue, Sauk Rapids
320-258-8673

Rural Stearns Faith in Action
715 1st Street North, Cold Spring
320-685-3693

Tri-CAP Transit Connection
700 W St Germain Street, St. Cloud
320-257-4456

Metro Bus/Dial-a-Ride
665 Franklin Avenue NE, St. Cloud
320-252-1010

Foley Area CARE
251 4th Ave. N, Foley
320-968-7848

Used Clothing

Catholic Charities
157 Roosevelt Road, St. Cloud
320-229-4560

CROSS Center
150 4th Avenue, Foley
Phone: 320-968-7012

Expressions of Hope Thrift and Specialty Shop
511 N 9th Ave., St. Cloud
320-203-7881

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Goodwill Easter Seals
50 South 2nd Avenue, Waite Park
320-654-9012

Treasure Chest
113 28th Avenue South, Waite Park
320-230-8823

Used Furniture

The Used Furniture Store
1646 Highway 23 E
320-230-8823

Baker's More 4 Less
3356 West Division Street, St. Cloud
320-257-4766

Prescription Drug Discount Cards

NACo Card (for Stearns County)

- Free Discount card
- Average savings of 22% on commonly used medicines
- No membership fees
- No enrollment forms
- No restrictions or limits on frequency of use
- Any Stearns County resident is eligible to use the card
- Available at most human service agencies
- Call 1-877-321-2652 to find a participating pharmacy in you area
- Questions? Call Stearns County Health at 320-656-6155 or visit NACo's website at www.naco.org

FamilyWize

- Free Discount Card
- No enrollment required
- No activation fees
- Use as often as needed
- Copies permitted
- For more information about FamilyWize visit www.familywize.com



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